

**UNIVERSIDADE DE CAXIAS DO SUL**  
**UCS LÍNGUAS ESTRANGEIRAS**  
**PROVA DE PROFICIÊNCIA B2**

Nome do aluno(a): .....

Data: .....

This is a Proficiency Exam for the B2 level, according to the *The Common European Framework of Reference for Languages (CEFR)*.

This exam is structured in 4 parts: Reading and Comprehension; Writing; Listening and Speaking.

You will have two hours to complete the exam.

## 1 – READING AND COMPREHENSION

You are going to read an extract from a novel in which a young woman called Caitlin talks about her life on an island. After reading the text, answer the multiple-choice questions regarding it.

We live on the island of Hale. It's about four kilometres long and two kilometres wide at its broadest point, and it's joined to the mainland by a causeway called the Stand - a narrow road built across the mouth of the river which separates us from the rest of the country. Most of the time you wouldn't know we're on an island because the river mouth between us and the mainland is just a vast stretch of tall grasses and brown mud. But when there's a high tide and the water rises a half a metre or so above the road and nothing can pass until the tide goes out again a few hours later, then you know it's an island.

We were on our way back from the mainland. My older brother, Dominic, had just finished his first year at university in a town 150 km away. Dominic's train was due in at five and he'd asked for a lift back from the station. Now, Dad normally hates being disturbed when he's writing (which is just about all the time), and he also hates having to go *anywhere*, but despite the typical sighs and moans – why can't he get a taxi? what's wrong with the bus? – I could tell by the sparkle in his eyes that he was really looking forward to seeing Dominic.

So, anyway, Dad and I had driven to the mainland and picked up Dominic from the station. He had been talking non-stop from the moment he'd slung his rucksack in the boot and got in the car. University this, university that, writers, books, parties, people, money, gigs.... And when I say talking, I don't mean talking as in having a conversation, I mean talking as in jabbering like a mad thing. I didn't like it .... the way he spoke and waved his hands around as if he was some kind of intellectual or something. It was embarrassing. It made me feel uncomfortable – that kind of discomfort you feel when someone you like, someone close to you, suddenly starts acting like a complete idiot. And I didn't like the way he was ignoring me, either. For all the attention I was getting I might as well not have been there. I felt a stranger in my own car.

As we approached the island on that Friday afternoon, the tide was low and the Stand welcomed us home, stretched out before us, clear and dry, beautifully hazy in the heat – a raised strip of grey concrete bound by white railings and a low footpath on either side, with rough cobbled banks leading down to the water. Beyond the railings, the water was glinting with that wonderful silver light we sometimes get here in the late afternoon which lazes through to the early evening.

We were about halfway across when I saw the boy. My first thought was how odd it was to see someone walking on the Stand. You don't often see people walking around here. Between Hale and Moulton (the nearest town about thirty kilometres away on the mainland), there's nothing but small cottages, farmland, heathland and a couple of hills. So islanders don't walk because of that. If they're going to Moulton they tend to take the bus. So the only pedestrians you're likely to see around here are walkers or bird-watchers. But even from a distance I could tell that the figure ahead didn't fit into either of these categories. I wasn't sure how I knew, I just did.

As we drew closer, he became clearer. He was actually a young man rather than a boy. Although he was on the small side, he wasn't as slight as I'd first thought. He wasn't exactly muscular, but he wasn't weedy-looking either. It's hard to explain. There was a sense of strength about him, a graceful strength that showed in his balance, the way he held himself, the way he walked....

**1** In the first paragraph, what is Caitlin's main point about the island?

- A** It can be dangerous to try to cross from the mainland.
- B** It is much smaller than it looks from the mainland.
- C** It is only completely cut off at certain times.
- D** It can be a difficult place for people to live in.

**2** What does Caitlin suggest about her father?

- A** His writing prevents him from doing things he wants to with his family.
- B** His initial reaction to his son's request is different from usual.
- C** His true feelings are easily hidden from his daughter.
- D** His son's arrival is one event he will take time off for.

**3** Caitlin emphasises her feelings of discomfort because she

- A** is embarrassed that she doesn't understand what her brother is talking about.
- B** feels confused about why she can't relate to her brother any more.
- C** is upset by the unexpected change in her brother's behaviour.
- D** feels foolish that her brother's attention is so important to her.

4 In the fourth paragraph, what is Caitlin's purpose in describing the island?

- A to express her positive feelings about it
- B to explain how the road was built
- C to illustrate what kind of weather was usual
- D to describe her journey home

5 In 'because of that' in line 31, 'that' refers to the fact that

- A locals think it is odd to walk anywhere.
- B it is easier for people to take the bus than walk.
- C people have everything they need on the island.
- D there is nowhere in particular to walk to from the island.

6 What do we learn about Caitlin's reactions to the boy?

- A She felt his air of confidence contrasted with his physical appearance.
- B She was able to come up with a reason for him being there.
- C She realised her first impression of him was inaccurate.
- D She thought she had seen him somewhere before.

## **PART 2 - WRITING**

Read the following prompt and write an Essay about the topic. Your essay must have between 300 and 400 words.

### **The importance of work-life balance for medical professionals**

Many doctors and healthcare workers struggle to maintain a work-life balance. Why is it important to achieve this balance? Discuss how it can impact personal well-being and the quality of patient care.

### PART 3 – LISTENING

You will hear part of an audio interview with an author called Mickey Smith, who is talking about **becoming excellent at sport**. After listening to the audio, answer questions 1-8. Subsequently, we will have a conversation about the topic of the interview.

- 1 When asked about his theory on talent, Mickey says that
  - A he is doing further research with other people.
  - B he realises some people disagree with him.
  - C he has not yet fully proved his ideas.
  
- 2 Mickey believes that outstanding football players
  - A have better levels of concentration than other players.
  - B are aware of the positions of other players on the pitch.
  - C are faster runners than other players.
  
- 3 How did Mickey feel when he first became successful at gymnastics?
  - A convinced he had a natural aptitude for the sport
  - B conscious that others in his area didn't have the same chances
  - C lucky to have had one of the best training routines
  
- 4 Mickey says that the motivation to continue training for long periods of time
  - A develops at an early age in people who become experts.
  - B depends on your personal attitude towards success.
  - C does not come naturally to most people.

- 5 Mickey says that coaches working with young people need to understand that
- A** children and adults have different thought processes.
  - B** young people have a built-in drive to succeed in areas like sport.
  - C** it is important to focus on mental rather than physical techniques.
- 6 Mickey says that many people who play sport don't bother to try hard because
- A** they feel incapable of reaching the same levels as sports stars.
  - B** they don't have time to put in the necessary effort.
  - C** they are not confident in their ability to deal with success.
- 7 According to Mickey, what can cause some sports people to fail at important events?
- A** They haven't trained enough.
  - B** They are inexperienced at dealing with pressure.
  - C** They can become too aware of their actions.

## PART 4 – SPEAKING

Questions for discussion:

1. Do you agree with Mickey? Do you think Talent or “Natural Ability” does not exist? What about the role of genetics in being successful in sport?
2. Do you have any examples of “hard-work” beating “natural talent”? What is something that you are very good at and had to work really hard for?
3. Do you agree that the psychological factor is more important than the physical one in competitive sports?
4. How important do you think effort is in becoming successful in your field of study?
5. How would you motivate someone who feels they are not talented enough to pursue their goals?
6. In your opinion, why do people often believe that talent is more important than hard work?
7. Have you ever “choked” on a task you were good at before? If so, why do you think it happened?

**DRAFT**